



8 essential practices for

ORACLE CARD MAGIC

Jo Burke



Jo is a gifted psychic, with a remarkable ability to connect with the divine. As an empath, she channels profound guidance from her spiritual guides. During her psychic readings she uses both tarot & oracle cards, art channeling, and spirit art to empower individuals on their personal journeys.

With a deep passion for supporting others, Jo is committed to helping you move beyond your limitations. She has mastered the art of oracle card reading and understands the common challenges that arise when working with these powerful tools. That's why she offers 8 essential practices designed to help you overcome those obstacles and unlock the full potential of your readings. These practices are the first steps to tapping into your intuitive wisdom and strengthening your spiritual connection.

Jo's approach to oracle card reading is not just about skill—it's about spiritual mastery. She is dedicated to helping others embrace their own power and step into their fullest potential.

Jo Burke



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These key practices will improve your readings straight away.

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Use these keys to unlock your innate abilities

Surrendering to the divine & gain a new level of insight.



The Basics

Preparation: Setting the scene is all about creating space for you. The universe loves to fill a vacuum, but if you're rushing or stressed, you're not creating that space for the divine to enter. Yes, there will be days when this feels challenging, but we're aiming for the extraordinary. Settling for anything less sets the tone for your reading.

At a minimum (enhance this with rituals if you wish):

1. Take a deep breath.
2. FOCUS – Bring yourself fully into the present moment.
3. Ask spirit to step in (whether it's your higher self, source, your guides, etc.).
4. Begin your reading, following the 8 essential steps.

This simple, intentional preparation opens the door for deeper, more meaningful connections.

8 Steps to Better Readings



Your state of mind

This is KEY—ask yourself: Where are you right now, and how are you feeling? If you're anxious, frustrated, or overwhelmed with emotions, take a step back. Return to the basics, master that, and then start fresh.



Clarity

Ask positive, open-ended questions. This invites the right energy into your reading. Be specific—don't overload with too much at once. Break it down and frame it in a clear, positive, open-ended way. Check the Bonus section for some of my favorites.

Simplicity is your best friend



Focus

Shuffling is your way of connecting with the divine. Focusing during this process is crucial—it's everything. If your mind drifts, so will your reading. Stay present and engaged.

KISS-Keep your Intention

Keep it simple. Stay focused on your intention – it keeps you and your reading on track. Don't let the ego take over, wanting to know or reference anything outside of this moment. This is a common challenge for all readers. Stay grounded and keep on track.



Simple is best!



KISS - Simple

A simple reading is your best friend. Start with just 1 or 2, maybe 3 cards that have clear, defined meanings. Keep it simple—avoid pulling 50 cards that don't align with your question or have no clear context.

KISS - Sweetheart

Sweetheart, be kind to yourself —FULL STOP. There's no room for judgment when reading for yourself or others. Leave the ego at the door and approach the reading with radical self-acceptance. Enough said.



Calm, present & focused



I Don't GET IT?

If you don't understand the card or the message, what do you do? This is one of my favorite moments (I've learned to embrace it). It means you need to dive deeper and surrender more. Sit with it—it's not easy, but this is where you'll experience the most growth.



Consistency

A journal is a powerful tool for tracking your growth objectively. It allows you to revisit your readings without relying on memory. With the perspective of your future self, you can review what the reading was truly about. This is especially helpful when the message doesn't make sense in the moment. Over time, it helps you unlock your unique language of the oracle.



BONUS:

My Favourite Questions

I know all too well that when you're reading for yourself, it's easy to limit how you engage with the cards. You might feel the need to control the entire process (sound familiar?).

But what you're truly seeking is divine guidance—something that speaks to your everyday self and reassures you that everything will be okay. That's the true power of oracle cards.

There's a lot at stake during your time with the cards, even if you're not fully aware of it. It can be challenging to recognise when your ego is getting in the way. To clear that block and open yourself up to clarity, ask questions that invite divine consciousness to guide you to the vast possibilities that are available.

Yes or no questions, however, invite the ego to take control. Your mind is always active, and when you ask a question, it just wants to answer—whether or not it's connected to higher wisdom. It's not about insight; it's about involvement.

So, here are some questions to help you surrender, open up to the divine, and allow guidance to flow freely



Questions to work with

Remember to follow the steps above before asking the questions below.

What do I need to know today?

Add some extra detail to the question to clarify further.

How can I gain clarity around...?

This opens you up to what you may not conceive, or see as important around this topic.

What is it that I cannot see regarding...?

We often only know what we know, or can imagine about something. If we ask for divine assistance to see beyond what we can perceive we often get beautiful perspective that we wouldn't have seen on our own.

DO NOT ask the same question repeatedly. It will only lead to scattered and inconsistent answers.

Working with Oracle cards and connecting to your inner Oracle is all about trust. It's about opening yourself up to a radical level of self-love and trust—trusting both yourself and the divine.



Sarah T said....

Thank you, Jo ☺ I really enjoyed today!
Love the way you promote, support and inspire us to all invite and trust in our inner knowing, our intuition. It is going to take time to process and practice all the tools and techniques.



Linda said....

Jo is a clear channel. The messages that come through Jo's readings have always been supportive and clarifying...she is like a fire that lights the torch to illuminate the path forward.
Thanks Jo for dedicating the time towards your own energy work so you can be that burning flame of wisdom and guidance for others. Many blessings.



Connect to the Oracle Within

Grab your cards, a question and have this beside you to open up your cards and your intuition.

What are you are first drawn to? Why? Note your first impressions and why you think/feel/know - these are being highlighted to you.

In relation to the question asked, does this card answer your question? Does it give you information about what you have asked? (if not - check the steps if in doubt FOCUS and start again).

Is there anything else? Note anything down here.

If you feel unsure - check the guidebook - write down the meaning that stands out to you.

Finally, bring it all together. This doesn't mean repeating everything you've just written. It means understanding what all that information truly represents. When you filter and distil it down, what is the core message? Reading is all about making the connections clear and meaningful for the person receiving the reading.



Unlocking the Oracle Within

Ready to deepen your connection with the divine and unlock the full potential of your readings? Join my workshop and learn how to trust your intuition, overcome common obstacles, and create meaningful connections with your cards. Don't miss out on this transformative experience—sign up today!

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